

# WellStyles Discounts





Standard Membership Pricing	
INDIVIDUAL	\$44.50 per month
COUPLE	\$80.50 per month
FAMILY	\$101.50 per month

CORPORATE WELLNESS DISCOUNT PRICING		
Month-to-Month Plan (no contract)		Annual Savings
INDIVIDUAL	\$37.85 per month	(\$79.80)
COUPLE	\$69.50 per month	(\$132.00)
FAMILY*	\$88.95 per month <small>(*includes unlimited childcare)</small>	(\$150.60)
Enrollment Fee: \$0.00 Processing Fee: \$0.00		2 FREE PERSONAL TRAINING SESSIONS

Corporate discount for Valley Schools employees is valid thru 12/31/22 and includes the following districts and municipalities: Agua Fria UHSD, Alhambra ESD, Apache Junction USD, Avondale ESD, Balsz School District, Buckeye UHSD, Creighton School District, Deer Valley USD, Dysart USD, Fountain Hills USD, Glendale UHSD, Isaac School District, Laveen ESD, Litchfield ESD, Littleton ESD, Maricopa USD, Paradise Valley USD, Pendergast ESD, Peoria USD, Tolleson ESD, Tolleson UHSD, Tucson USD, Washington ESD, and City of Glendale.

## AMENITIES

✓  
**80+ CLASSES**  
PER WEEK

🧺  
**FREE**  
TOWEL SERVICE

🏋️  
**STATE OF THE ART**  
**EQUIPMENT**

🔒  
**FULL SERVICE**  
**LOCKER ROOM**

❤️  
**CHILDCARE**  
ONSITE

📍  
**ACCESS TO**  
17 VALLEY LOCATIONS

To see full list of amenities and services please visit:  
[WWW.MOUNTAINSIDEFITNESS.COM](http://WWW.MOUNTAINSIDEFITNESS.COM)

Learn more about Mountainside Fitness: <https://mountainsidefitness.com/>



# Special Membership Discount for WellStyles Employees, Friends & Family



**Classic Membership: \$10/month; \$39 Annual Fee, no Enrollment Fee**

**Black Card Membership: \$22.99/month; no Annual Fee, no Enrollment Fee**

**Benefits Include:**

- "Share the Health" and Bring a Guest Anytime You Workout for Free
- Unlimited Use of Massage Chairs & HydroMassage Beds
- Use of 2,000+ Planet Fitness Locations Nationwide
- Use of Tanning & Total Body Enhancement
- Free and Unlimited Fitness Training
- Half-Price Cooler Drinks

Planet Fitness is the Home of The Judgment Free Zone®.  
A safe, comfortable, non-intimidating environment where everyone can  
enjoy their workout free of unwanted distractions.

**- Must present this form when enrolling -**

\*All prices are subject to applicable state sales tax. Subject to Annual Agreement.  
Only participating locations, exclusively for clubs managed by United PF Partners.

- Club Use Only -

WC 1/20    Corporate 10NR    Corporate BCM    Group: WellStyles



## Participating Locations

### Arizona

Apache Junction | 3003 West Apache  
Trail Avondale | 200 North Avondale Blvd.  
Buckeye | 1341 S. Watson Rd.  
Casa Grande | 1325 East Florence Blvd.  
Chandler | 1020 North 54th St.  
Chandler | 1420 S. Arizona Ave.  
Chandler | 2980 N. Alma School Rd.  
Cottonwood | 1655 E Cottonwood St.  
Flagstaff | 4650 Highway 89  
Gilbert | 858 S. Greenfield Rd.  
Gilbert | 5382 S Power Rd.  
Gilbert | 4874 S Val Vista Dr  
Gilbert | 915 S Gilbert Rd.  
Glendale | 5121 West Glendale Ave.  
Goodyear | 515 South Cotton Ln.  
Maricopa | 20595 John Wayne Parkway  
Mesa | 2643 East Broadway Rd.  
Mesa | 825 W. University Dr.  
Peoria | 20713 N 83rd Ave.  
Peoria | 7565 W. Peoria Ave.

Phoenix | 1625 W Camelback Rd.  
Phoenix | 3975 East Thomas Rd.  
Phoenix | 4907 W. Bell Rd.  
Phoenix | 7620 West Lower Buckeye Rd.  
Phoenix | 3636 West Southern Ave.  
Phoenix | 3331 West Peoria Ave.  
Phoenix | 320 East Bell Rd.  
Phoenix | 3202 E. Greenway Rd.  
Phoenix | 8921 North 7th St.  
Phoenix | 7333 W. Thomas Rd.  
Phoenix | 26 E Baseline Rd.  
Prescott | 1841 East State Hwy 69  
Queen Creek | 21545 S. Ellsworth Loop  
Scottsdale | 10105 E Via Linda  
Surprise | 15569 West Bell Rd.  
Tempe | 3122 S. McClintock Dr.  
Tempe | 1405 W Southern Ave.  
Yuma | 1232 Castle Dome Ave.

#### Coming Soon:

Mesa | 5833 E McKellips Rd.

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Only participating locations, exclusively for clubs managed by United PF Partners.

- Club Use Only -

WC 1/20

Corporate 10NR Corporate BCM Group: WellStyles

# YOUFIT



## JOIN THE FITNESS PARTY WITH ONE OF OUR YOUNGX CLASSES!

Make it a group thing! Lime Card members get unlimited access\* to a variety of group exercise (YouGX) classes at select locations. Join the fun and check your local Youfit class schedule to see how YOU and your friends can live and feel better together.

YouGX group fitness classes at Youfit take your average workout to the next level. Refresh your gym routine, get a good sweat and connect with fellow members. Our skilled instructors are here to help you reach your fitness goals in a feel-good, energetic group setting with an extra dose of motivation to keep you on track.

See you in class!

[SELECT LOCATION](#)

[REVIEW CLASS FORMATS](#)

### WellStyles - 7805

WellStyles Employees - First 30 Days Free! (Limited Time Deal)

Take Advantage of This Exclusive Offer from Youfit Health Clubs!

Not Available to Current Youfit Members

#### Option 3: LIME CARD MEMBERSHIP

**\$21<sup>99</sup>**  
/mo

No Annual Dues!

Month to Month

~~\$21.99~~ Monthly Dues

**\$39.99 Enrollment Fee-WAIVED!**

Month to Month Membership

Unlimited access to all Youfit locations

Unlimited guest privileges\*\*

Half price drinks

Unlimited Group Fitness Classes

YouCoach Fitness Assessment

Guaranteed membership rate

**Total to Join with Corporate Rate: \$21.99**

Total to join without discount: \$83.97

Select

#### Option 1: STANDARD MEMBERSHIP

**\$10<sup>00</sup>**  
/mo

**\$39.99 Annual Dues\***

Month to Month

**\$10** Monthly Dues

**\$39.99 Enrollment Fee-WAIVED!**

Month to Month Membership

One Location Access Only

Guaranteed membership rate

**Total to Join with Corporate Rate: \$10**

Total to join without discount: \$49.99

Select

#### Option 2: LIME CARD MEMBERSHIP

**\$19<sup>00</sup>**  
/mo

**\$39.99 Annual Dues\***

Month to Month

**\$19** ~~\$21.99~~ Monthly Dues

**\$39.99 Enrollment Fee-WAIVED!**

Month to Month Membership

Unlimited access to all Youfit locations

Unlimited guest privileges\*\*

Half price drinks

Unlimited Group Fitness Classes

YouCoach Fitness Assessment

Guaranteed membership rate

**Total to Join with Corporate Rate: \$19**

Total to join without discount: \$83.97

Select

\*Annual dues of \$39.99 will be billed annually, 3 months after joining.

\*\*Members may bring one free guest each time they visit.

These corporate rates are not available in the club. Fill out the online form to lock in your discounted rate. Please contact Keeona Archie at Send Email [keeona@youfit.com](mailto:keeona@youfit.com) with any questions.





# EoS FITNESS

Exclusively for:  
VALLEY SCHOOLS

GO TO: [JOINEOS.ME/VALLEYFIT](https://joineos.me/valleyfit)

PROMO CODE: [VALLEYFIT](#)

**VALID: FOR ONLINE ENROLLMENT ONLY**

## CORPORATE MEMBERSHIP

- ✓ **\$1 to Start** (reg. \$20)
- ✓ **\$17.99/mo** (reg. \$24.99)
- ✓ **\$29.99 Annual Rate**  
**Guarantee Fee** (reg. \$49.99)

*Have questions?*

Contact [wellness@eosfitness.com](mailto:wellness@eosfitness.com)

## FEATURING

- Month-to-Month
- Open 24-Hours
- Personal Training
- Cycling Studio
- Basketball
- MOVEoS Cinema
- Pool & Sauna
- Boxing
- Yoga/Pilates
- BodyPump™
- Zumba®
- Best Kids' Club In Town
- Huge Free Weights Area
- Turf Functional Training Area
- Tons of Group Fitness Classes
- Cardio w/ Individual TVs
- Complimentary Welcome Workout
- [Access to ALL 45+ EoS Fitness locations](#)
- And Much More!

Gray Membership: \$9.99/mo with \$79.99 to start. Access to ONE location



*Amenities may vary by location and membership type. Offer only available online. Some restrictions may apply.*





AS A PARTNER IN HEALTH,  
YOU'RE INVITED TO A

*Free Intro Class*  
**\*10% OFF**  
*Memberships*



IT COMES FROM THE CORE.  
**IT COMES FROM CLUB PILATES.**



CONTACT ANY OF THE LISTED STUDIOS  
TO RESERVE YOUR FREE INTRO CLASS OR VISIT:

[CLUBPILATES.COM/VALLEYSCHOOLS](http://CLUBPILATES.COM/VALLEYSCHOOLS)

CLUB PILATES CENTRAL PHOENIX	CLUB PILATES SCOTTSDALE PROMENADE
CLUB PILATES ARROWHEAD	CLUB PILATES PARADISE VALLEY
CLUB PILATES GILBERT	CLUB PILATES DESERT RIDGE
CLUB PILATES TEMPE	CLUB PILATES NORTH GILBERT
CLUB PILATES CHANDLER	CLUB PILATES EAST MESA
CLUB PILATES SCOTTSDALE SHEA	CLUB PILATES QUEEN CREEK
CLUB PILATES GAINES RANCH	CLUB PILATES NORTERRA
CLUB PILATES ARCADIA	CLUB PILATES NORTH SCOTTSDALE
CLUB PILATES GOODYEAR	CLUB PILATES LAKE PLEASANT (COMING SOON)

To take part in this offer, simply present your work ID badge  
and a WellStyle's membership email address.



# West Valley Fitness Club Discounts



#1 CrossFit Gym in west phoenix

CrossFit workouts to LOSE WEIGHT, GAIN MUSCLE TONE and improve overall  
HEALTH!

Family and community oriented facility with an all-star coaching staff!

All coaches are CrossFit Level 1 certified, knowledgeable, outgoing, eager to assist,  
and safety-conscious!

Offer different fitness options within a fun, enjoyable, and safe environment.

WellStyles Discount:

20% off your Unlimited Membership

7225 N 110th Ave Ste 4, Glendale, AZ 85307

PHONE: 623 252-0033

<http://www.crossfit623.com/>





CrossFit Fury offers all Wellstyles members a free week, a discounted 10 pack punch card (10 classes for \$100), and \$10 off your monthly membership.

First Class is always free! This discount membership discount is available to both new and current members.

Please show proof of your Wellstyles membership during sign up.

540 N Bullard Ave #15

Goodyear, AZ 85338

(623) 932-4338

[memberships@crossfitfury.com](mailto:memberships@crossfitfury.com)





# TEACHER APPRECIATION PROGRAM

Gather your friends and head towards  
a healthier path.

**Teachers receive 10% off  
our Fitness or CrossFit  
Classes, all experience  
levels are welcome!**

**[www.LPCFit.com](http://www.LPCFit.com)**





**FOCUS  
FITNESS  
FUN!**

**10% OFF TUITION  
FOR TEACHERS & FACULTY!**

**ARIZONADOJO.COM  
623-556-8159**

**11180 N DYSART RD #112  
SURPRISE AZ 85379**



# Valley Wide Spa Discounts



## Massage Envy Corporate Membership Program for Valley School Employee

### Corporate Membership Benefits

- Membership recognized at over 1100 locations!
- Only \$55.00 per month!
- Waived Enrollment Fee!
- Unlimited visits at our member rates!
- Services include Massage, Facials, Total Body Stretch, Chemical Peel, Microderm Infusion, Rapid Tension Relief and much more!

\*Membership must be purchased at a PCRK Group Store.

\*Ask your Wellness Coordinator for a PCRK Group Arizona Owned locations.

\*Must Present Flyer to be eligible for Corporate Membership Pricing

# Additional Wellness Discounts

## Broglie Box

Broglie Box is mental wellness, delivered to your doorstep. Every three months, a new box arrives filled with 6-7 full sized items and resources for mental health and stress relief. Also included in each box is a quarterly issue of the *Piece of Mind Magazine*, which features timely and useful articles, self-help guides, and visual tools from a variety of published psychologists, psychiatrists, and mental health experts. Broglie Box is an all-encompassing resource kit in a fun, warm and heartfelt way! Many Broglie Boxes are sent as "gifts" with the option to send the box anonymously or include a personalized note.

Follow Broglie Box on Facebook and Instagram @thebrogliebox

Check out the website [www.brogliebox.com](http://www.brogliebox.com)

Use discount code "wellstyles10" for 10% off your first box!



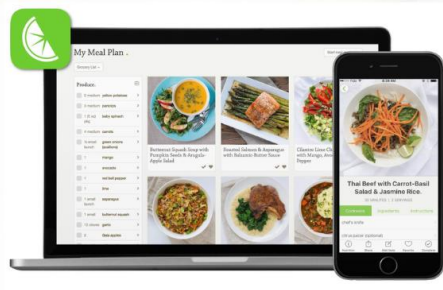
# Additional Wellness Resources

## mealime



### MEAL PLANNING MADE EASY

Mealime is a simple way for busy singles, couples, and families to plan their meals and eat healthier. Our meal plans & recipes are highly customizable so you can easily personalize a plan that works with your unique tastes and lifestyle.



Join over 5,000,000 people who have used our meal plans to eat healthier, reduce stress, lose weight, save money, and live happier, more productive lives.

#### **Check out our top benefits and features:**

1. Cook healthy meals in 30 minutes or less
2. No more stressful "what should I eat?" decisions to make
3. Healthy meal plans that are uniquely your own
4. Super fast grocery list and effortless grocery delivery
5. Save money with minimal food waste
6. Keep track of your nutrition goals

## MEALIME.COM